



# Knightly News

MAY 2019

## May 2, 2019

Track and Field Day Gr. 4  
-8

## May 3, 2019

Safe Schools/BPIP Meeting

## May 10, 2019

Breakfast for Learning at  
8:30 am

Pizza Lunch

## May 14, 2019

Choir Performance at  
TVDSB Arts Festival

## May 16, 2019

Spring Concert at 5:30 pm

## May 21, 2019—June 3, 2019

EQAO for Grade 3 and  
Grade 6

## May 21, 2019

Home and School Meeting

## May 23, 2019

Kindergarten Open House

## May 27, 2019

Gr. 7/8 Vaccination

## June 6, 2019

Character Assembly

## June 7, 2019

PD Day

**Our next Home and School Meeting is**

**Tuesday May 21, 2019**

**at 6:00pm in the**

**Knollwood Learning Commons.**

**New Members are Welcome!**



## Brings May Flowers...



Everyday at Knollwood brings something new during the month of May! We thank all of our parents and community for supporting our students and staff during these busy last few months of school.

Our Grade 8 students just recently wrote the PCAP assessment online and we are preparing for our Grade 3 and Grade 6 students to write the EQAO assessment at the end of May. If your child is in Grade 3 or Grade 6, please look for a letter explaining the process and how to best support your child.

Thank you to our Student Council members for leading our character assemblies each month. Our most recent March and April assemblies highlighted some of our Knollwood student talent. Thank you for all the parents that came out to support our students!

On Friday May 17, TVDSB will join several other schools boards in Ontario by flying the Pride Flag at all Thames Valley locations. TVDSB considers the Pride Flag to be a symbol of equity and inclusion; values that are the foundation of education in Ontario. In the same way that TVDSB recognizes other national and International dates; such as The International Day for the Elimination of Racial Discrimination, Pink T-Shirt Day, International Holocaust Remembrance Day, and the Pledge to End Bullying, May 17 reinforces Thames Valley's commitment to ensuring that all students feel valued, accepted and safe when at school.



# Spring Is Here, Summer Is Coming!



It's time to think about signing your children up for summer fun! There are many opportunities for students to stay active and keep learning. These include summer camps, swimming lessons, playground programs and library activities. If you'd like more information, check out the list below. Subsidized rates are often available.

\* **Carson Public Library:** 465 Quebec St. (519) 438-4287

\* **London Spectrum:** [www.london.ca/playourway](http://www.london.ca/playourway) and [www.london.ca/residents](http://www.london.ca/residents) or call 519-661-5575

\* **YMCA Day Camps:** [www.ymcawo.ca](http://www.ymcawo.ca) or call 519-453-8858

\* **Carling Heights Optimist Community Centre:** 656 Elizabeth St.; call 519-661-2523



## \* **Stevenson Children's Camp\***

This 5-day overnight camp just outside of London is funded for families who would find it unaffordable to send their kids to summer camp at full cost.

Please contact your child's teacher or Mrs. Costello, School Support Counsellor (ext. 33688) for information on this great opportunity. The camp is open to children between 7 & 13 years of age.

# Knollwood Spring Concert

Come join us for our

Spring Concert on May 16th, 2019 at 5:30 pm

Students in Grades 1—Grade 8 will be involved.



## Helping your Child to Relax

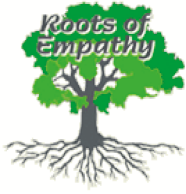
Relaxation is beneficial in many ways for your mind and body. It is an important life skill for coping with any stressful situation. There are many ways that you can help your child learn how to relax.

Some activities you can do with your child:

- Get physically active outside and enjoy nature together.
- Listen to calming music.
- Cook together and plan family meals.
- Play a board game or do something fun together.
- Take some slow, deep breaths.
- Avoid screens for at least one hour before bed and enjoy some time reading.

*From your Public Health Staff*

[www.healthunit.com](http://www.healthunit.com)



### **ROOTS of EMPATHY Update:**

Baby Maevis & her parents have continued to visit the students in Ms Bartlett's class this year. On their 8<sup>th</sup> visit we talked about what makes Maevis, and every one of us, unique. As well, we talked about the many things we share with people all around the world, such as our feelings, our basic human rights, and hopes to grow up in a safe and caring world.

On the topic of individuality and temperament, we learned about how her parents chose the name Maevis, and saw her try some new food without hesitation. She will surely grow up ready and willing to take on new adventures!

Maevis' last visit with the class will be on May 9<sup>th</sup> and I think she will be missed.

***Mrs. Costello***



# Building Connections

Mental Health Transitions from Child to Youth to Adult Care

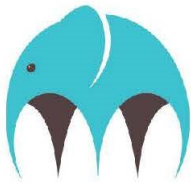


**When:** Saturday, May 11, 2019

8:30 am to 2:30 pm

**Where:** BMO Centre London, 295 Rectory Street

A **FREE** event for **parents/caregivers** developed by a dedicated group of parent/caregiver volunteers with lived experience including:



Parents for Children's  
Mental Health

SUPPORT. EDUCATE. EMPOWER.

## H.O.P.E.

Made possible by generous contributions from:  
*Vanier Children's Services* and *Green Shield Canada, GSC*

***Register at [www.eventbrite.ca](http://www.eventbrite.ca)***

<https://www.eventbrite.ca/e/building-connections-tickets-59558894256>

*Child minding is available, email [ldunlopd@vanier.com](mailto:ldunlopd@vanier.com) to register.*

# Home Connections In Mathematics



## Home Connections in Mathematics

May 2019

### Math Trails!



Now that the warm weather is here, it is a great time to go for a walk or a bike ride and explore the environment around you. While exploring, stop at different spots and find the math along the way. Get outside and enjoy some physical activity, cooperate, and learn in a fun way that helps kids see how math is everywhere around them. Try these activities to get you started!

#### Activities



Estimate how many hands tall a fence is. Now measure how many hands. Do you get a different number with kid hands and adult hands? Why are these numbers different?



Run and JUMP! Who jumped the farthest/shortest?



Look for shapes- how many different shapes can you find on your walk? Name them, talk about what makes a triangle a triangle, for example.



Make a collection of sticks from the yard. Order the sticks from shortest to longest. Can you find a stick that is half the size of another stick? How do you know it's half?



Can you find 6 different rectangles?  
How many sides does a stop sign have?  
What about a yield sign?



How many steps does it take to walk around the playground?



Find 5 rocks and line them up in order from lightest to heaviest.



Time how long it takes to run from lamp post to lamp post.  
How many times can you go down the slide in 1 minute?

Math is all around us so get out and explore!

**KERNELS™**  
**EXTRAORDINARY**  
**POPCORN**



Dear Families,

The Kindergarten classes will be selling Kernels popcorn to support their program. The money raised will be used for items such as holiday craft supplies, interest based activities, clothing (e.g. socks and extra mittens), baking items, photo printing, seasonal outdoor play items (e.g. rakes, shovels and sleds).

Popcorn will be on sale during the 2nd Nutrition break on Wednesdays in the front foyer.

You can purchase popcorn online through the Parent Portal. The kindergarten teachers will keep track of how many bags you have redeemed with a limit of one bag per child each week. Or you can simply bring \$2.00 on Wednesdays.

Thank you for your support.

# Lester B. Pearson Summer Arts Camp

1 week session OR 2 week session

**Register Early!**

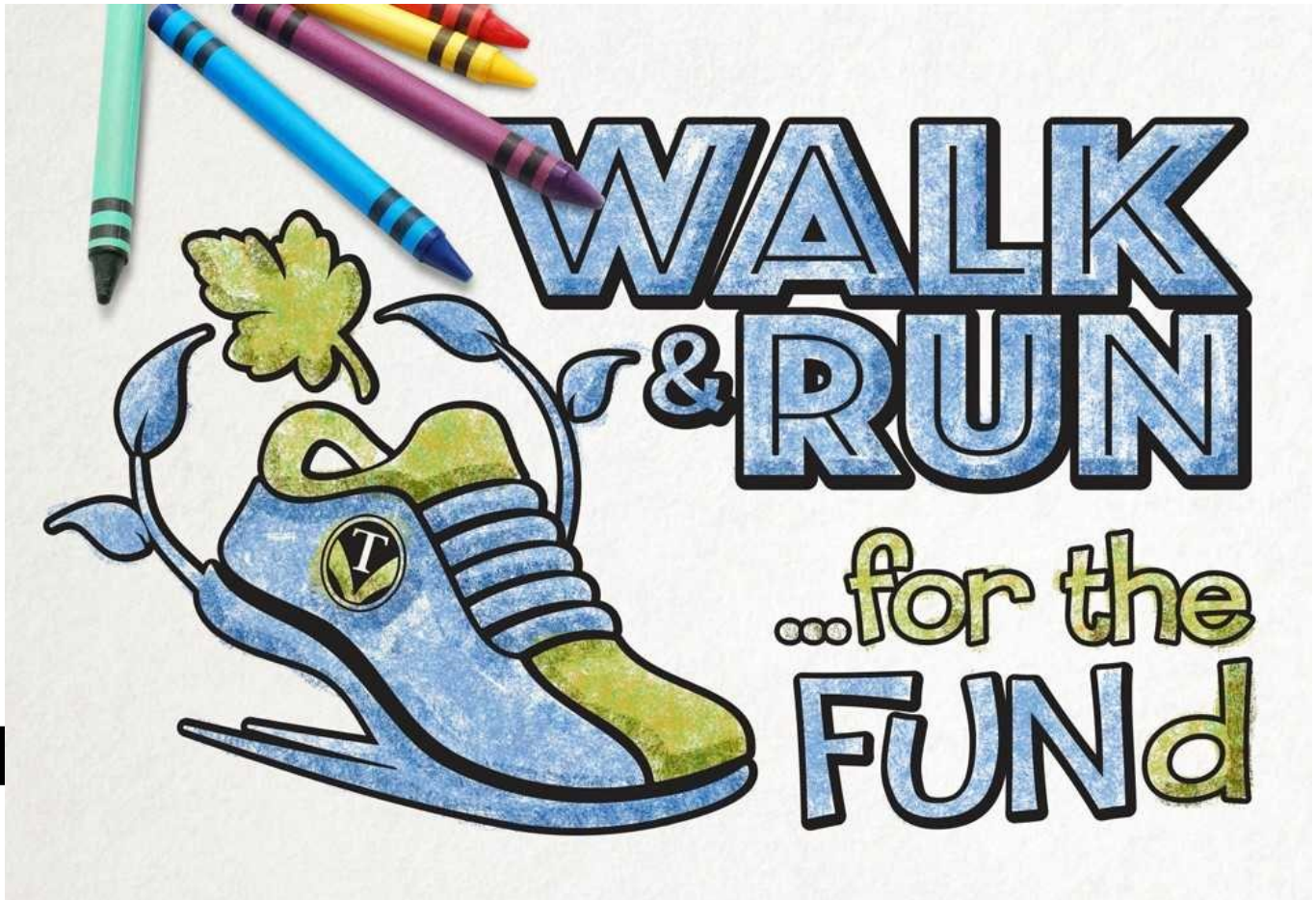
**We Offer:**

- Children's Theatre • Dance • Drama • Music
- Musical Theatre • Visual Arts • Photography

*All sessions taught by qualified teachers*

[www.tvdsb.ca/pearson](http://www.tvdsb.ca/pearson)





Join us on **Sunday June 2, 2019** at B. Davison Secondary School in London to run/walk together in support of Thames Valley Education Foundation's (TVEF) Caring Fund! Our walk/run is 5K in length and **fully accessible**. Special features include: post-run refreshments from [Growing Chefs!](#), prizes/draws, family-friendly activities, and incredible prizes for top runners and fundraisers! Don't forget to colour/decorate your t-shirt and fundraise in support of the Caring Fund! We have some **great** prizes for top fundraisers this year!

**New this year**, we'll also be collecting scientific calculators! Come August, we'll be gathering these calculators up to distribute to students that need them for school (as part of the Best 1st Day initiative).

# School Website and Twitter

**Knollwood has a new school website!**



Please visit our new website at;

**<http://knollwoodpark.tvdsb.ca>**



And follow us on Twitter;

**@KnollwoodPark1**

## How to Access the Parent Portal

Enter the following address in your web browser:

<https://www.tvdsb.ca>

Hover over “Parents” and a drop down menu will appear

Click “Parent Portal”

Video Instructions on how to create and log in to your account are available on the login page.

### Contact Us:



(519) 452-8290



[knollwoodpark@tvdsb.on.ca](mailto:knollwoodpark@tvdsb.on.ca)